

# Outline for First Aid and CPR Class

- SIDS
- Baby proofing
- Poisoning
- Bleeding
  - Scrapes, lacerations
  - Nosebleeds
  - Signs of internal bleeding
- Falls
  - Head injuries
  - Fractures
- Burns
- Allergies
- Fever
- Seizures
- Foreign Body Airway Obstruction (Choking)
- Cardiopulmonary Resuscitation (CPR)
  - Infants (newborn-1 year)
  - Children (1year-puberty)

**All participants will have the opportunity to practice on mannequins.**